AC- Addiction Counseling

AC 501  Chemical Dependency Counseling I: 3 Credits (3 Lec)
PREREQUISITE: Admittance to program. This course will provide an overall introduction to addiction counseling. The class will also provide an introduction to the assessment and treatment of alcoholism and other chemical dependencies, with emphasis on the application of specific clinical strategies to this specialized problem area. Since substance abuse may underlie or coexist with a variety of other problems, including family violence, mental illness, health issues, etc., the mental health professional trained in the assessment and treatment of chemical dependency will be better able to assess and intervene appropriately.

AC 502  Psychopharmacology and Addictions: 3 Credits (3 Lec)
PREREQUISITE: Admittance to program. This course examines medications that are commonly prescribed for psychiatric disabilities; descriptions of medication effects, interaction, and side effects.

AC 503  Assessment, Treatment, Planning, and Ethics of Addiction Counseling I: 3 Credits (3 Lec)
PREREQUISITE: Admittance to program. This course is designed to examine the psychological, behavioral, sociological, and cultural underpinnings in the assessment and treatment of clients affected by addictions. The course explores a variety of helping strategies for reducing the negative effects of substance use, abuse, dependence, and addictive disorders (CACREP, Section III, C.5.). Ethical issues related to the field of Addictions Counseling will also be explored. Department of Health & Human Development.

AC 504  Alcohol and Drug Studies: 3 Credits (3 Lec)
PREREQUISITE: Admittance to program. This course is designed to offer in-depth exploration of alcohol and drug studies. Students will integrate overview information with cutting edge research within the field of addictions as it pertains to a particular population or topic specific to addiction counseling.

AC 505  Cross Cultural & Ethical Considerations in Addictions Counseling: 3 Credits (3 Lec)
PREREQUISITE: Admittance to program. This course is designed to examine cultural and ethical constructs related to addictions counseling. The focus will be on current literature, theories, approaches, strategies, and techniques shown to be effective when working with populations of clients with addictions.

AC 506  Group Counseling in the Addiction Setting I: 3 Credits (3 Lec)
PREREQUISITE: Admittance to program. This course will provide students with the foundational concepts of group counseling as it relates to the addiction settings. Topics will include group development theory, membership roles, establishing an alliance, skills of group, multicultural issues, leadership styles and skills.

AC 507  Group Counseling in the Addiction Setting II: 3 Credits (3 Lec)
PREREQUISITES: Admittance to the program and AC 506. This course will build upon material presented in AC 506 with greater emphasis on group work in an addictions setting. Topics will include motivational interviewing and cognitive behavioral technique in group work.

AC 508  Counseling Theories in Addiction Settings: 3 Credits (3 Lec)
PREREQUISITES: Admittance to the program. This course examines multiple counseling theories and their application in the addictions setting. Development across the lifespan and theoretical approaches specific to addiction will also be examined. Department of Health Human Development.