AC- Addiction Counseling

AC 501. Chemical Dependency Counseling I. 3 Credits. (3 Lec) S
offered on-line. PREREQUISITE: Admittance to program. This course will provide
an overall introduction to addiction counseling. The class will also provide an
introduction to the assessment and treatment of alcoholism and other chemical
dependencies, with emphasis on the application of specific clinical strategies to this
specialized problem area. Since substance abuse may underlie or coexist with a variety
of other problems, including family violence, mental illness, health issues, etc., the
mental health professional trained in the assessment and treatment of chemical
dependency will be better able to assess and intervene appropriately.

AC 502. Psychopharmacology and Addictions. 3 Credits. (3 Lec) S
offered on-line. PREREQUISITE: Admittance to program. This course examines
medications that are commonly prescribed for psychiatric disabilities; descriptions of
medication effects, interaction, and side effects.

AC 503. Assessment, Treatment, Planning, and Ethics of Addiction Counseling I.
3 Credits. (3 Lec) F
offered on-line. PREREQUISITE: Admittance to program. This course is designed
to examine the psychological, behavioral, sociological, and cultural underpinnings in
the assessment and treatment of clients affected by addictions. The course explores a
variety of helping strategies for reducing the negative effects of substance use, abuse,
dependence, and addictive disorders (CACREP Section III, C.5.). Ethical issues related
to the field of Addictions Counseling will also be explored.

AC 504. Alcohol and Drug Studies. 3 Credits. (3 Lec) F
offered on-line. PREREQUISITE: Admittance to program. This course is designed to
offer in-depth exploration of alcohol and drug studies. Students will integrate overview
information with cutting edge research within the field of addictions as it pertains to a
particular population or topic specific to addiction counseling.

AC 505. Cross Cultural & Ethical Considerations in Addictions Counseling. 3
Credits. (3 Lec) Su
PREREQUISITE: Admittance to program. This course is designed to examine cultural
and ethical constructs related to addictions counseling. The focus will be on current
literature, theories, approaches, strategies, and techniques shown to be effective when
working with populations of clients with addictions.

AC 506. Group Counseling in the Addiction Setting I. 3 Credits. (3 Lec) F
PREREQUISITE: Admittance to program. This course will provide students with the
foundational concepts of group counseling as it relates to the addiction settings. Topics
will include group development theory, membership roles, establishing an alliance,
skills of group, multicultural issues, leadership styles and skills.

AC 507. Group Counseling in the Addiction Setting II. 3 Credits. (3 Lec) S
PREREQUISITES: Admittance to the program and AC 506. This course will
build upon material presented in AC 506 with greater emphasis on group work in
an addictions setting. Topics will include motivational interviewing and cognitive
behavioral technique in group work.

AC 508. Counseling Theories in Addiction Settings. 3 Credits. (3 Lec) Su
PREREQUISITES: Admittance to the program. This course examines multiple
counseling theories and their application in the addictions setting. Development across
the lifespan and theoretical approaches specific to addiction will also be examined.

AC 509. Assess Treat Plan Addiction II. 3 Credits. (3 Lec) S
PREREQUISITES: Admittance to the program. This course covers addiction
assessment and patient placement, including the American Society of Addiction
Medicine Patient Placement Criteria. The course explores a variety of helping strategies
for reducing the negative effects of substance use, abuse, dependence, and addictive
disorders.

AC 510. Chem Dependency Counseling II. 3 Credits. (3 lec) F
PREREQUISITES: Admittance to the program. This course provides instruction on
chemical dependency counseling, emphasizing specific clinical strategies. Substance
abuse may coexist with other problems, professionals trained in comprehensive
understanding of addiction will be better able to assess, intervene and counsel clients.