

# HDCO - Human Devel Counseling

**HDCO 460. Student Leader Training. 2 Credits.** (1 Lec; 6 cr max) S  
Maximum 6 cr PREREQUISITE: Orientation leader status; restricted entry. Knowledge and skills necessary for interaction, presentation, and facilitation with regard to new student group leading, peer advising, and campus representation.

**HDCO 463. Student Assistant Training. 1 Credit.** (1 Lec) F  
PREREQUISITE: Resident Assistant status; restricted entry. Course includes training in various aspects related to the performance of the Resident Advisor position duties. It includes areas such as self-understanding, interpersonal skills, intervention techniques, and perspectives on college students and the campus environment, which are fundamental to the effective functioning of Resident Assistants.

**HDCO 464. Stdnt Asst Candidate Train. 1 Credit.** (1 Lec) S  
PREREQUISITE: Resident Assistant candidate status; pass/fail grading; restricted entry. Course includes exposure to college student development theories, advising, and communication skill development areas within a residence hall setting. Emphasis is given to working with individuals and groups in a peer counseling/educational role. Resident Advisor roles and responsibilities are also addressed.

**HDCO 502. Cnsl Ethic Prof Orient. 2 Credits.** (2 Rct) Su  
PREREQUISITE: Graduate standing in counseling program. This course will prepare the student with a strong orientation to professional and ethical issues as they apply to counseling. Contents of the course will examine historical aspects of counseling professions, professional counseling roles, professional organizations, consultation models, professional preparation standards, and credentialing. It will also introduce appropriate ethical codes for conduct and study case studies representing ethical dilemmas a counselor may face in schools, agencies, and private practice.

**HDCO 503. Prof Issues in Counseling. 3 Credits.** (3 Sem) F  
PREREQUISITE: Graduate standing in counseling program. This course focuses on providing students with an understanding of the professional identity and roles of the counselor in prevention, consultation, crisis management, specialization, public policy, legal and ethical issues unique to working with schools, families, and community organizations.

**HDCO 505. Prof Iss in School Couns. 3 Credits.** (3 Lec) F  
PREREQUISITE: Graduate standing in counseling program. Presentation of professional and ethical issues in school counseling. Group discussion and various experiential activities will provide students with numerous opportunities to understand current issues and trends in the field of school counseling.

**HDCO 506. School Counsel Programs. 3 Credits.** (3 Lec) Su  
PREREQUISITE: Graduate standing in counseling program. Foundations of the school counseling profession including historical and conceptual perspectives of the field, and the knowledge and skills necessary to be a professional school counselor. Particular emphasis will be placed on a thorough understanding of planning, design, implementation, and evaluation of comprehensive school counseling programs.

**HDCO 508. Counseling Theories I. 3 Credits.** (3 Lec) Su  
PREREQUISITE: Graduate standing in counseling program. Students will learn a wide range of systems theories used in the diagnosis and treatment of individuals, couples, children, and families.

**HDCO 510. Counseling Theories II. 3 Credits.** (3 Lec) F  
PREREQUISITE: Graduate standing in counseling program. This course provides an overview of the major counseling theories and practical applications with various populations. Teaching modalities will include lecture, class discussion, study of taped counseling sessions, and small group interaction.

**HDCO 521. Counseling Skills Lab. 1 Credit.** (1 Lab) F  
PREREQUISITE: HDCO 502 and graduate standing in counseling program. Students will learn, practice, and apply basic counseling skills in preparation for their practicum experience.

**HDCO 522. Group Counseling. 3 Credits.** (2 Lec, 1 Lab) F  
PREREQUISITE: HDCO 502 and graduate standing in counseling program. The following information will be covered in relation to group counseling: theories, research, developmental stages, therapeutic factors, leadership functions, consultation and ethics. Use of leadership skills in structured and unstructured groups will be practiced.

**HDCO 523. Theory and Practice of Addiction. 2 Credits.** (2 Lec) S  
PREREQUISITE: HDCO 510 and graduate standing in counseling program. This course is designed to review current developments in the field of addictions, as well as, evaluate research and treatment trends within addiction practice. Students will demonstrate an understanding of addictions theory and apply it to practice cases.

**HDCO 524. Crisis Counseling: Theory and Practice. 3 Credits.** (3 Lec)  
PREREQUISITE: Graduate standing in counseling program; HDCO 508 and 510. The study of crisis counseling theories, strategies, and models. Includes specific applications related to collaboration among schools, mental health agencies, and private practitioners.

**HDCO 525. Counsel Child & Adolescents. 3 Credits.** (3 Lec) S  
PREREQUISITE: HDCO 508 and graduate standing in counseling program. Application of counseling theories and techniques to preschool and school age (K-12) children and their families. A special emphasis will be placed on implementing appropriate intervention strategies according to age, developmental level, and the counseling setting.

**HDCO 526. Adventure Counseling. 3 Credits.** (3 Lec) On Demand  
PREREQUISITE: Graduate standing in counseling program. An introduction to the theory and practice of adventure-based counseling and experiential learning. The course will focus on the goals, concepts, and techniques of adventure work. Students will learn numerous adventure games, problem-solving initiatives, and how to design adventure programs.

**HDCO 530. Mind-Body Well-Being Self-Care. 3 Credits.** (3 Lec) S  
PREREQUISITE: HDCO 510 and graduate standing in the counseling program. The objectives of this course are two-fold: 1) familiarize students with mind-body, well-being, and self-care interventions; and 2) train students in preventative methods.

**HDCO 550. Counseling Research and Evaluation. 2 Credits.** (2 Lec) S  
PREREQUISITE: Graduate standing in counseling program; HDCO 502. This course will provide an understanding of research methods, statistical analysis, needs assessment, and program evaluation as they apply to the field of counseling.

**HDCO 551. Appraisal. 3 Credits.** (2 Lec, 1 Lab) Su  
PREREQUISITE: HDCO 571 and graduate standing in counseling program. Topics include test standardization, reliability and validity; developing understanding of appraisal instruments and needs assessment used with individuals and systems; using information derived from selected appraisal instruments; and consultation models used when delivering test information to individuals and systems.

**HDCO 554. Develop Theory Across Lifespan. 3 Credits.** (3 Lec) F  
PREREQUISITE: HDCO 521 and HDCO 571 and graduate standing in the counseling program. An introduction to the complex developmental relationships among individuals in the family across the life span. Systems, developmental, learning and personality theories across the life span are surveyed. Contextual variables on developmental processes are stressed.

**HDCO 556. Sexuality Counseling. 3 Credits.** (2 Lec, 1 Lab) On Demand  
PREREQUISITE: HDCO 510, Graduate standing in counseling program. Exploration of sexual issues and the counseling process. Examination of foundations needed to respond to clients' sexual concerns.

**HDCO 558. Career Counseling. 2 Credits.** (2 Lec) Su  
PREREQUISITE: Graduate standing in counseling program. This course will prepare the student in the area of career guidance and counseling. Emphasis will be placed on the understanding of career development theories, use of occupational informational sources including computer programs, assessment of the individual and various working environments, and the design of career developmental programs from elementary school through retirement. The student will also be introduced to the impact social issues have on work, leisure and families.

**HDCO 563. Multicultural Awareness. 3 Credits.** (3 Lec) F  
PREREQUISITE: Graduate standing. This course explores the relationships between social organizations, processes of historical change, social stratification (race, gender, sexuality), individuals and family structure.

**HDCO 564. Diagnosis and Mental Health. 3 Credits.** (3 Lec) S  
PREREQUISITE: Graduate standing in counseling program. This course will provide students with conceptual understanding of mental disorders within physiological, developmental, familial, and social cultural contexts. Students will learn how to use DSM diagnosis in the appraisal and differential diagnosis of mental disorders.

**HDCO 565. Couples Counseling. 3 Credits.** (3 Lec) F

PREREQUISITE: HDCO 508 and graduate standing in counseling program. Theoretical foundations and interventions for working with couple relationships, and includes promotion of healthy couple relationships and treatment of couples in crisis and/or transition. Emphasizes gender roles, sexuality, and issues related to intimacy from a systemic perspective.

**HDCO 568. Mental Health Methods. 3 Credits.** (3 Lec) F

PREREQUISITE: HDCO 510 and graduate standing in counseling program. Mental health counseling methods for treatment of mental disorders, including adults with serious mental illness and severely emotionally disturbed children. Appraisal, treatment planning, evidence-based interventions, medications, crisis intervention, case management, consultation, referral, and professional issues/ethics in treatment of DSM disorders.

**HDCO 569. Advanced Family Counseling. 3 Credits.** (3 Rct) S

PREREQUISITE: HDCO 508 and graduate standing in counseling program. Advanced theoretical foundations and interventions for the practice of family counseling. Includes current research regarding family counseling and treatment. Emphasizes assessment and interventions for families dealing with mental health diagnoses, substance abuse, sexual abuse, violence, divorce/remarriage, and child/adolescent issues.

**HDCO 571. Prof Counsel Practicum. 3 Credits.** (3 Lab; 15 cr max) S

PREREQUISITE: HDCO 508, HDCO 521, graduate standing in counseling program and consent of instructor. Supervised clinical practice with individuals, children, families, and groups. Weekly individual and group supervision.

**HDCO 575. Prof Paper/Project. 1-4 Credits.** (1-4 Ind; 6 cr max) F,S,Su

PREREQUISITE: Graduate standing in counseling program. A research or professional paper or project dealing with a topic in the field. The topic must have been mutually agreed upon by the student and his or her major adviser and graduate committee.

**HDCO 588. Professional Development. 1-3 Credits.** (1-3 Lec; 3 cr max) On Demand

PREREQUISITE: Graduate standing, teaching experience and/or current employment in a counseling organization and consent of instructor. Courses offered on a one-time basis to fulfill professional development needs of in-service educators or counselors. A specific focus is given to each course which is appropriately subtitled. May be repeated.

**HDCO 589. Graduate Consultation. 1-3 Credits.** (3 Ind; 3 cr max) F,S,Su

PREREQUISITE: Graduate standing in counseling program and approval of committee chair. This course may be used only by students who have completed all of their course work (and thesis, if on a thesis plan) but who need additional faculty or staff time or help.

**HDCO 590. Master's Thesis. 1-10 Credits.** (1-10 Ind; max unlimited) F,S,Su

PREREQUISITE: Graduate standing in counseling program and consent of instructor.

**HDCO 591. Special Topics. 1-4 Credits.** (1-4 Lec; 4 cr max) On Demand

Max 4 cr. PREREQUISITE: Upper division courses and others as determined for each offering. Courses not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

**HDCO 592. Independent Study. 1-3 Credits.** (1-3 Ind; 6 cr max) F,S,Su

PREREQUISITE: HDCO 508, graduate standing in counseling program and permission of instructor. Advanced theoretical foundations and interventions for the practice of family therapy. Includes current research regarding family therapy and treatment. Emphasizes assessment and interventions for families dealing with mental health diagnoses, substance abuse, sexual abuse, violence, divorce/remarriage, and child/adolescent issues.

**HDCO 594. Seminar. 1 Credit.** (1 Sem; 4 cr max) On Demand

Max 4 cr. PREREQUISITE: Graduate standing in counseling program or seniors by petition. Course prerequisites as determined for each offering. Topics offered at the graduate level which are not covered in regular courses. Students participate in preparing and presenting discussion material.

**HDCO 598. Internship. 2-12 Credits.** (2-12 Ind; 12 cr max) F,S,Su

Max 12 cr. PREREQUISITE: HDCO 571 and graduate standing in counseling program and clinical review. An individualized assignment arranged with an agency, school or other organization to provide guided experience in the field.

### **Font Notice**

This document should contain certain fonts with restrictive licenses. For this draft, substitutions were made using less legally restrictive fonts. Specifically:

Times was used instead of Adobe Garamond Pro.

The editor may contact Leepfrog for a draft with the correct fonts in place.