

# HDFS - Human Development and Family Science

## **HDFS 101IS Indiv and Fam Dev: Lifespan: 3 Credits (3 Lec)**

(F, Sp, Su) Examination of individual growth, development, and well-being within families across the lifespan from conception to death. Emphasis on classical and contemporary individual developmental, and family theories, current research, and practical applications for practitioners, teachers, and parents.

## **HDFS 138 Survey of Family Finance and Consumer Issues: 3 Credits (3 Lec)**

(F) If you need to make dollars last throughout the semester, this class is for you! The course combines some basic economics with how to's of becoming financially literate. Covers earning, using credit, spending plans, avoiding fraud, and financial planning.

## **HDFS 218 Design, Fashion, and Textiles: 3 Credits (3 Lec)**

(Sp) Methods of teaching textiles and apparel; wardrobe management: planning, selection, and purchase; design principles including color, lines, and emphasis; and the care of clothing and types and characteristics of fibers, production and properties of fabrics.

## **HDFS 237 Managing Work and Family: 3 Credits (3 Lec)**

(F) This course focuses on how families acquire and use resources from work and the household to meet family goals and demands. Special attention to managing the dual demands of work and family in relation to the family's time, money, marital, and child-rearing responsibilities.

## **HDFS 239 Contemporary Consumer Issues: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 138 or consent of instructor. (F) Theories of consumer economics will be introduced and applied to current consumer issues such as housing, food, health care, and energy

## **HDFS 260 Middle Childhood and Adolescent Development: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 101IS or equivalent biological, cognitive, social, and emotional developmental processes during middle childhood and adolescence (9 to 25 years of age). (Sp) Major theoretical perspectives will be introduced to guide the study of typical human development during these developmental time periods. Contemporary issues regarding middle childhood and adolescence will be addressed

## **HDFS 261 Adult Development and Aging: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 101IS or EDEC 160 for majors or social science core for non-majors. (F) Focus on the adult stages of the life span and families with adult children; issues include intergenerational relationships; gender differences in individual, family, and career development; and the demographic and economic consequences of an aging population

## **HDFS 263 Relationships and Family Systems: 3 Credits (3 Lec)**

PREREQUISITE: Sophomore standing. (F, Su) Relationship development across the life cycle from a family systems perspective. Relationship dynamics through major relationship transitions including couple formation, cohabitation, marriage, parenthood, death, divorce, and remarriage will be examined. The diversity of family experiences will be emphasized

## **HDFS 271 Statistical Measures of Well-Being: 3 Credits (3 Lec)**

PREREQUISITE: Sophomore standing and any quantitative courses. (F) An introduction to quantitative and qualitative measures of well-being. Students will learn how to find, read, analyze, and interpret data related to the well-being of American families

## **HDFS 290R Undergraduate Research: 1-6 Credits (1-6 Other)**

(F, Sp, Su) Directed undergraduate research which may culminate in a written work or other creative project. Course will address responsible conduct of research. May be repeated.

## **HDFS 291 Special Topics: 1-4 Credits (1-4 Lec, 2-4 Lab)**

PREREQUISITE: None required but some may be determined necessary by each offering department. Courses not required in any curriculum for which there is a particular one-time need or given on a trial basis to determine acceptability and demand before requesting a regular course number

Repeatable up to 12 credits.

## **HDFS 292 Independent Study: 1-3 Credits (1-3 Other)**

PREREQUISITE: Consent of instructor and approval of department head. (F, Sp) Directed research and study on an individual basis Repeatable up to 6 credits.

## **HDFS 315 Communication and Marketing in Community Education: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 101IS. (Sp) This course was designed to equip developing family life education professionals with foundational skills required to develop, communicate and market research-driven information in a community education environment. This course will be taught in accordance with the ten family life education content guidelines from the National Council on Family Relations that are required for becoming a Certified Family Life Educator

## **HDFS 334 Contemporary Housing Topics: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 138 or permission from instructor. () Offered as needed based on student demand. A survey course of housing issues from families and consumers. Among the topics to be covered are: housing design for human needs, affordability and availability issues, safety issues, and demographic influences on housing choices

## **HDFS 337 Personal and Family Finance I: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 138, M core, or permission of instructor. (Sp) Planned use of financial resources to meet the goals of individuals and families. Concepts include time value of money concepts, credit, budgeting, risk management, taxation and basic investments. First in a series of courses to prepare students for the accredited financial counselors exams

## **HDFS 338 Personal and Family Finance II: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 337. (Sp) In-depth analysis for individuals and families in risk management, retirement planning, estate planning, and investment and portfolio management

## **HDFS 339 Family Financial Counseling: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 337 or consent of instructor. (Sp) Counseling practices are introduced and applied to individuals and families who are facing financial difficulties. Case studies and role playing will be incorporated into course materials

## **HDFS 359 Theories and Skills for the Human Services: 3 Credits (3 Lec)**

PREREQUISITE: Junior standing in Human Development & Community Health or consent of instructor. (F, Sp) An overview of forming the professional helping relationship, the foundation for work in human services. An introduction to various family and counseling theories, modalities, ethics, and cultural competency. Development of interpersonal and professional skills for working with others

## **HDFS 371 Research Methods in HHD: 3 Credits (3 Lec)**

PREREQUISITE: Math core completed with a grade of C or better and junior standing in major. (F, Sp, Su) Prepares Health and Human Development students to become informed consumers of research. Research principles for both quantitative and qualitative research are covered. Readings and other class materials ensure that students will understand how research in HHD enriches human well-being

**HDFS 419 STEAM: Clothing & Textiles Instruction in FCS: 3 Credits (1 Lec, 2 Lab)**

(Sp) Family and Consumer Sciences Education students only. Offered every other Spring. This course has been developed to provide students with a deeper understanding of the role of clothing and textiles instruction in Family and Consumer Sciences classrooms. Students will develop basic clothing construction skills while also examining how clothing and textiles can be used to teach STEAM education principles. An emphasis is being placed on textile science and choosing textiles with serviceability features which address consumer demand. (Formerly HDFS 219).

**HDFS 450 Curric Dev in FCS Education: 3 Credits (3 Lec)**

(Sp) How to plan, develop, teach, supervise, and evaluate programs in family and consumer sciences education. A second focus will be to learn about responsible actions and decision making as leaders in family, community, and work settings through the use of FCCLA.

**HDFS 451 Trauma and Recovery: A Lifespan Perspective: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 359 or consent of instructor. (Sp) Introduction to the different types of trauma and sources of trauma across the lifespan. Students will explore the symptoms and consequences of trauma from developmental lifespan and Family Systems Theory perspectives. The course is designed to enhance students' knowledge and skills for working ethically and productively in non-clinical settings (e.g., community education, case management) with individuals who have experienced trauma

**HDFS 455R Program Planning and Administration in Family & Consumer Sciences: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 371 and senior standing. (Sp) Knowledge and skills necessary for planning, establishing and administering various human service programs including early childhood, youth, family, older adults, and agency settings. Students will design a program including preparation of a grant application. This course has been developed to equip students with the knowledge to gain understanding of how organizations provide support to administer programs. The course will focus on the development of strategic organizational plans, goals, and programs

**HDFS 457 Family Life Education: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 371 and junior standing in the major. (F) Students will gain an understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational programs. This course will be taught in accordance with the guidelines from the National Council of Family Relations on becoming a Certified Family Life Educator

**HDFS 460 Parenting: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 263 and junior standing. (Sp) Examines parenting processes and parent-child relationships based on scientific study of child development and family relations. Diverse parenting issues (e.g., parenting through divorce; parental stress and adaptation) will be explored across the lifespan using family systems and ecological frameworks

**HDFS 461 Principles Wellbeing in Aging: 3 Credits (3 Lec)**

PREREQUISITE: Completion of 12-credits of coursework in the online gerontology program. (Su) This class will explore the theoretical foundations of wellbeing. Students will work to understand and analyze the interconnectedness of the dimensions of wellbeing with older adults, family units and family relationships

**HDFS 464 Gender, Race, Class, and Family Diversity: 3 Credits (3 Lec)**

PREREQUISITE: Senior standing or permission of instructor. (Sp) Examines gender, race, social class, and diversity in family life as well as the intersections of gender, race, class, and other variables, such as geographic location (rural, urban) and household composition, using family systems, ecological, cultural, and feminist frameworks

**HDFS 465R Family Law & Public Policy: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 263, HDFS 371 or equivalent, senior standing or permission of instructor. (F, Su) An in-depth review of current laws and public policies impacting family well-being including marriage, domestic partnership, divorce, child custody, welfare, foster care, ICWA, and adoption. The impact of workplace and health care policies on families is also examined

**HDFS 468 Home Visiting for Families: 3 Credits (3 Lec)**

PREREQUISITE: HDFS 101IS and junior standing. (Spring, even years.) In this course, students will learn about the purpose, rationale, and benefits of home visiting services, including early intervention programs. Students will be introduced to a variety of home visiting programs, professional roles, and recommended practices. Students will plan for and conduct home visits, apply principles of adult learning, and use a strength-based approach to family engagement

**HDFS 490R Undergraduate Research: 1-6 Credits (1-6 Other)**

(F, Sp, Su) Directed undergraduate research which may culminate in a research presentation, research paper, journal article, undergraduate thesis, etc. Course will address responsible conduct of research. May be repeated. Repeatable up to 12 credits.

**HDFS 491 Special Topics: 1-4 Credits (1-4 Lec)**

PREREQUISITE: Course prerequisites as determined for each offering. Courses not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number Repeatable up to 12 credits.

**HDFS 492 Independent Study: 1-3 Credits (1-3 Other)**

PREREQUISITE: Junior standing, consent of instructor, and approval of department head. (F, Sp, Su) Directed research and study on an individual basis Repeatable up to 6 credits.

**HDFS 494 Seminar/Workshop: 1 Credits (1 Other)**

PREREQUISITE: Senior standing. (F) Topics offered at the upper division level that are not covered in regular courses. Students participate in preparing and presenting class materials Repeatable up to 4 credits.

**HDFS 498 Internship: 1-12 Credits (1-12 Other)**

PREREQUISITE: HDFS 494 and consent of instructor. (F, Sp, Su) An individualized assignment with a professional agency to provide a guided field experience Repeatable up to 12 credits.

**HDFS 515 Statistical Approaches to Studying Children, Families and Communities: 3 Credits (3 Lec)**

PREREQUISITE: Graduate student status. () Offered as needed based on student demand. A graduate-level course focused on statistical measures in community health, early childhood, human development and family science. The course develops statistical computation skills, in addition to critical thinking about empirical evidence

**HDFS 525 Family Finance and Resource Management: Teaching & Outreach: 3 Credits (3 Lec)**

(Su) This course equips educators with skills to enhance financial well-being in communities, covering theories, financial education, money psychology, and resource management. Students engage in practical activities and use a Critical Science Perspective to create and evaluate financial/resource management curricula.

**HDFS 530 Culinary and Nutrition Instruction in Family and Consumer Sciences: 3 Credits (3 Lec)**

(Su) Using a food literacy approach, this course examines research-based nutrition knowledge, culinary skills, and how these inform student's future professional endeavors. We will explore instructional pedagogy to integrate these components within the same classroom or community educational setting.

**HDFS 535 Contemporary Issues in Human Development: 3 Credits (3 Lec)**

PREREQUISITE: Graduate standing. () Offered every other Summer. This course provides students with a deeper understanding of contemporary issues in human development. Major theoretical perspectives will be introduced to guide the study of human development. Contemporary empirical issues regarding development across the life-span will be addressed. The course will encourage students to apply course information as they prepare for careers working with individuals and families

**HDFS 545 Contemporary Family Issues: 3 Credits (3 Lec)**

(Sp, Su) Families are an ever-changing institution within society and family practitioners/researchers must have theoretical knowledge to successfully work with families. This course prepares students for working with individuals, families, and communities, using major theoretical perspectives in family science, and contemporary research/policy topics in family life.

**HDFS 550 Critical Science & FCS Curriculum Development: 3 Credits (3 Lec)**

PREREQUISITE: Graduate Standing. (Su) This course provides students with skills to develop and deliver a curriculum structured around the mission and knowledge base that serves as the foundation of the Family and Consumer Sciences profession: the FCS Body of Knowledge and the Critical Science Approach (CSA). When designing high-quality units of study and learning plans, the course will utilize a lesson-study approach to engage students in collaborative and reflective practices. Furthermore, students will examine research-based instructional strategies that foster critical literacy skills within inclusive, universally designed formal and nonformal educational environments

**HDFS 572 Professional Practicum: 2-6 Credits (4-12 Lab)**

PREREQUISITE: HDCO 554 and graduate standing. (F, Sp, Su)  
Practicum experience in the field of human development  
Repeatable up to 9 credits.

**HDFS 575 Professional Paper and Project: 1-6 Credits (1-6 Other)**

PREREQUISITE: Graduate standing. (F, Sp, Su) A research or professional paper or project dealing with a topic in the field. The topic must have been mutually agreed upon by the student and his or her major advisor and graduate committee  
Repeatable up to 6 credits.

**HDFS 588 Professional Development: 1-3 Credits (1-3 Lec)**

(Su) This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help. May be repeated.  
Repeatable up to 3 credits.

**HDFS 589 Graduate Consultation: 1-3 Credits (1-3 Other)**

PREREQUISITE: Master's standing and approval of committee chair. (Sp, Su) This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help  
Repeatable up to 3 credits.

**HDFS 590 Master's Thesis: 1-10 Credits (1-10 Other)**

PREREQUISITE: Master's standing. (F, Sp, Su) Directed graduate research/creative activity  
Repeatable up to 99 credits.

**HDFS 591 Special Topics: 1-4 Credits (1-4 Lec)**

PREREQUISITE: Upper division courses and others as determined for each offering. Course not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number  
Repeatable up to 12 credits.

**HDFS 592 Independent Study: 1-3 Credits (1-3 Other)**

PREREQUISITE: Graduate standing, consent of instructor, and approval of department head. (F, Sp, Su) Directed research and study on an individual basis  
Repeatable up to 6 credits.

**HDFS 594 Seminar: 1 Credits (1 Other)**

PREREQUISITE: Graduate standing or seniors by petition. (F, Sp, Su)  
Course prerequisites as determined for each offering. Topics offered at the graduate level that are not covered in regular courses. Students participate in preparing and presenting discussion material  
Repeatable up to 4 credits.

**HDFS 598 Internship: 2-12 Credits (2-12 Other)**

PREREQUISITE: Graduate standing, and consent of instructor. (F, Sp, Su)  
An individualized assignment arranged with an agency, business or other organization to provide guided experience in the field  
Repeatable up to 12 credits.