the well-being of American families

Students will learn how to find, read, analyze, and interpret data related to...
HDFS 419  STEAM: Clothing & Textiles Instruction in FCS: 3 Credits (1 Lec, 2 Lab)
PREREQUISITE: Family and Consumer Sciences Education students only. (Sp) Offered every other Spring. This course has been developed to provide students with a deeper understanding of the role of clothing and textiles instruction in Family and Consumer Sciences classrooms. Students will develop basic clothing construction skills while also examining how clothing and textiles can be used to teach STEAM education principles. An emphasis is being placed on textile science and choosing textiles with serviceability features which address consumer demand. (Formerly HDFS 219)

HDFS 450 Curric Dev in FCS Education: 3 Credits (3 Lec)
(Sp) How to plan, develop, teach, supervise, and evaluate programs in family and consumer sciences education. A second focus will be to learn about responsible actions and decision making as leaders in family, community, and work settings through the use of FCCLA.

HDFS 451 Trauma and Recovery: A Lifespan Perspective: 3 Credits (3 Lec)
PREREQUISITE: HDFS 101IS, PSYX 100IS, or HDFS 359. (Sp) Introduction to the different types of trauma and sources of trauma across the lifespan. Students will explore the symptoms and consequences of trauma from developmental lifespan and Family Systems Theory perspectives. The course is designed to enhance students’ knowledge and skills for working ethically and productively in non-clinical settings (e.g., community education, case management) with individuals who have experienced trauma.

HDFS 454 Professional Issues - Senior Seminar: 4 Credits (1 Lec, 6 Lab)
PREREQUISITE: HDFS 371 and screening procedures as specified by instructor. Senior capstone course. Establishing a professional identity and transitioning to a career in the field of early childhood education and child services and human development and family science. The lab section of this course will entail the scientific application of family and consumer sciences theory and methods. In consultation with course instructor, students will participate in a lab assignment.

HDFS 455R Program Planning and Administration in Family & Consumer Sciences: 3 Credits (3 Lec)
PREREQUISITE: HDFS 371 and senior standing. (Sp) Knowledge and skills necessary for planning, establishing and administering various human service programs including early childhood, youth, family, older adults, and agency settings. Students will design a program including preparation of a grant application. This course has been developed to equip students with the knowledge to gain understanding of how organizations provide support to administer programs. The course will focus on the development of strategic organizational plans, goals, and programs.

HDFS 457 Family Life Education: 3 Credits (3 Lec)
PREREQUISITE: HDFS 371 and junior standing in the major. (F) Students will gain an understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational programs. This course will be taught in accordance with the guidelines from the National Council of Family Relations on becoming a Certified Family Life Educator.

HDFS 459 Reaching the Hurt Child: 3 Credits (3 Lec)
PREREQUISITE: FCS 101IS, PSYX 100, or completion of the social science core; completion of 60 or more credits. (F) Children who are traumatized due to events such as abandonment by birth parents, abuse, neglect, or other issues, experience relational trauma that interferes with normal child development between conception and early adulthood. This course presents both the theoretical-neurobiological discoveries about the effects of traumatic events and the relational disruption on the child’s developmental trajectory, as well as offering approaches to helping these children heal by closing development gaps. This course is designed for students who want to be parents especially foster and adoptive parents, adoption workers, family services professionals, clergy, teachers, counselors, and adults who have experienced childhood trauma.

HDFS 460 Parenting: 3 Credits (3 Lec)
PREREQUISITE: HDFS 263 and junior standing. (Sp) Examines parenting processes and parent-child relationships based on scientific study of child development and family relations. Diverse parenting issues (e.g., parenting through divorce; parental stress and adaptation) will be explored across the lifespan using family systems and ecological frameworks.

HDFS 461 Principles Wellbeing in Aging: 3 Credits (3 Lec)
PREREQUISITE: Completion of 12-credits of coursework in the online gerontology program. (Su) This class will explore the theoretical foundations of wellbeing. Students will work to understand and analyze the interconnectedness of the dimensions of wellbeing with older adults, family units and family relationships.

HDFS 464 Gndr, Rce, Clss, and Fam Diver: 3 Credits (3 Lec)
PREREQUISITE: Senior standing or permission of instructor. (Sp) Examines gender, race, social class, and diversity in family life as well as the intersections of gender, race, class, and other variables, such as geographic location (rural, urban) and household composition, using family systems, ecological, cultural, and feminist frameworks.

HDFS 465R Family Law & Public Policy: 3 Credits (3 Lec)
PREREQUISITE: HDFS 263, HDFS 371 or equivalent, senior standing or permission of instructor. (F, Su) An in-depth review of current laws and public policies impacting family well-being including marriage, domestic partnership, divorce, child custody, welfare, foster care, ICWA, and adoption. The impact of workplace and health care policies on families is also examined.

HDFS 490R Undergraduate Research: 1-6 Credits (1-6 Other)
(F, Sp, Su) Directed undergraduate research which may culminate in a research presentation, research paper, journal article, undergraduate thesis, etc. Course will address responsible conduct of research. May be repeated. Repeatable up to 12 credits.

HDFS 491 Special Topics: 1-4 Credits (1-4 Lec)
PREREQUISITE: Course prerequisites as determined for each offering. Courses not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number. Repeatable up to 12 credits.

HDFS 492 Independent Study: 1-3 Credits (1-3 Other)
PREREQUISITE: Junior standing, consent of instructor, and approval of department head. (F, Sp, Su) Directed research and study on an individual basis. Repeatable up to 6 credits.

HDFS 494 Seminar/Workshop: 1 Credits (1 Other)
PREREQUISITE: Senior standing. (F) Topics offered at the upper division level that are not covered in regular courses. Students participate in preparing and presenting class materials. Repeatable up to 4 credits.
HDFS 498 Internship: 1-12 Credits (1-12 Other)
PREREQUISITE: Consent of instructor. (F, Sp, Su) K-12 Health Enhancement Majors Only
Repeatable up to 12 credits.

HDFS 515 Statistical Approaches to Studying Children, Families and Communities: 3 Credits (3 Lec)
PREREQUISITE: Graduate student status. () Offered every other Summer. This course develops statistical computation skills, in addition to critical thinking about empirical evidence

HDFS 535 Contemporary Issues in Human Development: 3 Credits (3 Lec)
PREREQUISITE: Graduate standing. () Offered every other Summer. This course provides students with a deeper understanding of contemporary issues in human development. Major theoretical perspectives will be introduced to guide the study of human development. Contemporary empirical issues regarding development across the lifespan will be addressed. The course will encourage students to apply course information as they prepare for careers working with individuals and families

HDFS 545 Contemporary Family Issues: 3 Credits (3 Lec)

HDFS 550 Critical Science & FCS Curriculum Development: 3 Credits (3 Lec)
PREREQUISITE: Graduate Standing. (Su) This course provides students with skills to develop and deliver a curriculum structured around the mission and knowledge base that serves as the foundation of the Family and Consumer Sciences profession: the FCS Body of Knowledge and the Critical Science Approach (CSA). When designing high-quality units of study and learning plans, the course will utilize a lesson-study approach to engage students in collaborative and reflective practices. Furthermore, students will examine research-based instructional strategies that foster critical literacy skills within inclusive, universally designed formal and nonformal educational environments

HDFS 572 Professional Practicum: 2-6 Credits (4-12 Lab)
PREREQUISITE: EDEC 555, HDCO 554, graduate standing and consent of instructor. (F, Sp, Su) Practicum experience in the field of human development
Repeatable up to 9 credits.

HDFS 575 Prof Paper and Project: 1-6 Credits (1-6 Other)
PREREQUISITE: Graduate standing. (F, Sp, Su) A research or professional paper or project dealing with a topic in the field. The topic must have been mutually agreed upon by the student and his or her major advisor and graduate committee
Repeatable up to 6 credits.

HDFS 588 Professional Development: 1-3 Credits (1-3 Lec)
(Su) This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help. May be repeated.
Repeatable up to 3 credits.

HDFS 589 Graduate Consultation: 1-3 Credits (1-3 Other)
PREREQUISITE: Master’s standing and approval of committee chair. (Sp, Su) This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help
Repeatable up to 3 credits.

HDFS 590 Master’s Thesis: 1-10 Credits (1-10 Other)
PREREQUISITE: Master’s standing. (F, Sp, Su) Directed graduate research/creative activity
Repeatable up to 99 credits.

HDFS 591 Special Topics: 1-4 Credits (1-4 Lec)
PREREQUISITE: Upper division courses and others as determined for each offering. Course not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number
Repeatable up to 12 credits.

HDFS 592 Independent Study: 1-3 Credits (1-3 Other)
PREREQUISITE: Graduate standing, consent of instructor, and approval of department head. (F, Sp, Su) Directed research and study on an individual basis
Repeatable up to 6 credits.

HDFS 594 Seminar: 1 Credits (1 Other)
PREREQUISITE: Graduate standing or seniors by petition. (F, Sp, Su) Course prerequisites as determined for each offering. Topics offered at the graduate level that are not covered in regular courses. Students participate in preparing and presenting discussion material
Repeatable up to 4 credits.

HDFS 598 Internship: 2-12 Credits (2-12 Other)
PREREQUISITE: Graduate standing, and consent of instructor. (F, Sp, Su) An individualized assignment arranged with an agency, business or other organization to provide guided experience in the field
Repeatable up to 12 credits.