HDFS - Human Development and Family Science

HDFS 101IS, Indiv and Fam Dev: Lifespan. 3 Credits. (3 Lec) FS
Examination of individual growth, development, and well-being within families across the lifespan from conception to death. Emphasis on classical and contemporary individual developmental, and family theories, current research, and practical applications for practitioners, teachers, and parents.

HDFS 138. Survey of Family Finance and Consumer Issues. 3 Credits. (3 Lec)
If you need to make dollars last throughout the semester, this class is for you! The course combines some basic economics with how to’s of becoming financially literate. Covers earning, using credit, spending plans, avoiding fraud, and financial planning.

HDFS 218. Design, Fashion, and Textiles. 3 Credits. (3 Lec) S
Alternate years offered every even years. Methods of teaching textiles and apparel; wardrobe management: planning, selection, and purchase; design principles including color, lines, and emphasis; and the care of clothing and types and characteristics of fibers, production and properties of fabrics.

HDFS 219. Apparel Construction. 3 Credits. (1 Lec, 2 Lab) S
Alternate Odd Years. PREREQUISITES: Family and Consumer Sciences Education students only. Students will learn how to construct basic apparel. Emphasis will be placed on pattern reading and state-of-the-art construction techniques. A second emphasis will be on pedagogy techniques related to the construction of apparel and other items.

HDFS 237. Managing Work and Family. 3 Credits. (3 Lec) F
This course focuses on how families acquire and use resources from work and the household to meet family goals and demands. Special attention to managing the dual demands of work and family in relation to the family’s time, money, marital, and child-rearing responsibilities.

HDFS 239. Contemporary Consumer Issues. 3 Credits. (3 Lec) F
PREREQUISITE: HDFS 138 or consent of instructor. Theories of consumer economics will be introduced and applied to current consumer issues such as housing, food, health care, and energy.

HDFS 260. Middle Childhood and Adolescent Development. 3 Credits. (3 Lec) S
PREREQUISITE: HDFS 101IS or equivalent Biological, cognitive, social, and emotional developmental processes during middle childhood and adolescence (9 to 25 years of age). Major theoretical perspectives will be introduced to guide the study of typical human development during these developmental time periods. Contemporary issues regarding middle childhood and adolescence will be addressed.

HDFS 261. Adult Development and Aging. 3 Credits. (3 Lec) S
Su PREREQUISITE: HDFS 101IS or EDEC 160 for majors and social science core for non-majors. Focus on the adult stages of the life span and families with adult children; issues include intergenerational relationships; gender differences in individual, family, and career development; and the demographic and economic consequences of an aging population.

HDFS 263. Relationships and Fam Systems. 3 Credits. (3 Lec) FS
PREREQUISITE: Sophomore standing. Relationship development across the life cycle from a family systems perspective. Relationship dynamics through major relationship transitions including couple formation, cohabitation, marriage, parenthood, death, divorce, and remarriage will be examined. The diversity of family experiences will be emphasized.

HDFS 271. Statistical Measures of Well-Being. 3 Credits. (3 Lec) S
PREREQUISITE: Sophomore standing and any quantitative courses. An introduction to quantitative and qualitative measures of well-being. Students will learn how to find, read, analyze, and interpret data related to the well-being of American families.

HDFS 290R. Undergraduate Research. 1-6 Credits. (1-6 Ind; max unlimited)
Directed undergraduate research which may culminate in a written work or other creative project. Course will address responsible conduct of research. May be repeated.

HDFS 291. Special Topics. 1-4 Credits. (1-4 Lec, 1-2 Lab; 12 cr max) On Demand
Max 12 cr. PREREQUISITE: None required but some may be determined necessary by each offering department. Courses not required in any curriculum for which there is a particular one-time need or given on a trial basis to determine acceptability and demand before requesting a regular course number.

HDFS 292. Independent Study. 1-3 Credits. (1-3 Ind; 6 cr max) PREREQUISITE: Consent of instructor and approval of department head. Directed research and study on an individual basis.

HDFS 315. Communication and Marketing in Community Education. 3 Credits. (3 Lec) S
PREREQUISITE: HDFS 101IS This course was designed to equip developing family life education professionals with foundational skills required to develop, communicate and market research-driven information in a community education environment. This course will be taught in accordance with the ten family life education content guidelines from the National Council of Family Relations that are required for becoming a Certified Family Life Educator.

HDFS 334. Contemporary Housing Topics. 3 Credits. (3 Lec) S
PREREQUISITE: HDFS 138 or permission from instructor. A survey course of housing issues from families and consumers. Among the topics to be covered are: housing design for human needs, affordability and availability issues, safety issues, and demographic influences on housing choices.

HDFS 337. Personal and Family Finance I. 3 Credits. (3 Lec) S
PREREQUISITE: HDFS 138, M core, or permission of instructor. Planned use of financial resources to meet the goals of individuals and families. Concepts include time value of money concepts, credit, budgeting, risk management, taxation and basic investments. First in a series of courses to prepare students for the accredited financial counselors exams.

HDFS 338. Personal and Family Finance II. 3 Credits. (3 Lec) S
PREREQUISITE: HDFS 337. In-depth analysis for individuals and families in risk management, retirement planning, estate planning, and investment and portfolio management.

HDFS 339. Family Financial Counseling. 3 Credits. (3 Lec) S
PREREQUISITE: HDFS 337 or consent of instructor. Counseling practices are introduced and applied to individuals and families who are facing financial difficulties. Case studies and role playing will be incorporated into course materials.

HDFS 359. Theories and Skills for the Human Services. 3 Credits. (3 Lec) FS
PREREQUISITE: Junior standing in Health and Human Development major or consent of instructor. An overview of forming the professional helping relationship, the foundation for work in human services. An introduction to various family and counseling theories, modalities, ethics, and cultural competency. Development of interpersonal and professional skills for working with others.

HDFS 371. Research Methods in HHD. 3 Credits. (3 Lec) S
PREREQUISITE: Math core completed with a grade of C or better and junior standing in major. Prepares Health and Human Development students to become informed consumers of research. Research principles for both quantitative and qualitative research are covered. Readings and other class materials ensure that students will understand how research in HHD enriches human well-being.

HDFS 450. Curric Dev in FCS Education. 3 Credits. (2 Lec, 1 Lab) S
How to plan, develop, teach, supervise, and evaluate programs in family and consumer sciences education. A second focus will be to learn about responsible actions and decision making as leaders in family, community, and work settings through the use of FCCLA.

HDFS 454. Professional Issues - Senior Seminar. 4 Credits. (1 Lec, 3 Lab) S,Su
PREREQUISITE: HDFS 371 and screening procedures as specified by instructor. Senior capstone course. Establishing a professional identity and transitioning to a career in the field of early childhood education and child services and human development and family science. The lab section of this course will entail the scientific application of family and consumer sciences theory and methods. In consultation with course instructor, students will participate in a lab assignment.

HDFS 455R. Program Planning and Administration in Family & Consumer Sciences. 3 Credits. (3 Lec) F
PREREQUISITE: HDFS 371 and senior standing. Knowledge and skills necessary for planning, establishing and administering various human service programs including early childhood, youth, family, older adults, and agency settings. Students will design a program including preparation of a grant application.
HDFS 457. Family Life Education. 3 Credits. (3 Lec) F
PREREQUISITE: HDFS 371 and junior standing in the major. Students will gain an understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational programs. This course will be taught in accordance with the guidelines from the National Council of Family Relations on becoming a Certified Family Life Educator.

HDFS 459. Reaching the Hurt Child. 3 Credits. (3 Lec) F,S
PREREQUISITE: FCS 101IS, PSYX 100, or completion of the social science core; completion of 60 or more credits. Children who are traumatized due to events such as abandonment by birth parents, abuse, neglect, or other issues, experience relational trauma that interferes with normal child development between conception and early adulthood. This course presents both the theoretical-neurobiological discoveries about the effects of traumatic events and the relational disruption on the child's developmental trajectory, as well as offering approaches to helping these children heal by closing development gaps. This course is designed for students who want to be parents (especially foster and adoptive parents, adoption workers, family services professionals, clergy, teachers, counselors, and adults who have experienced childhood trauma.

HDFS 460. Parenting, 3 Credits. (3 Lec)
PREREQUISITE: HDFS 263 and junior standing. Examines parenting processes and parent-child relationships based on scientific study of child development and family relations. Diverse parenting issues (e.g., parenting through divorce; parental stress and adaptation) will be explored across the lifespan using family systems and ecological frameworks.

HDFS 461. Principles Wellbeing in Aging, 3 Credits. (3 Lec)
PREREQUISITE: Completion of 12-credits of coursework in the online gerontology program. This class will explore the theoretical foundations of wellbeing. Students will work to understand and analyze the interconnectedness of the dimensions of wellbeing with older adults, family units and family relationships.

HDFS 464. Gndr, Rce, Clss, and Fam Diver, 3 Credits. (3 Lec)
PREREQUISITE: Senior standing or permission of instructor. Examines gender, race, social class, and diversity in family life as well as the intersections of gender, race, class, and other variables, such as geographic location (rural, urban) and household composition, using family systems, ecological, cultural, and feminist frameworks.

HDFS 465R. Family Law & Public Policy, 3 Credits. (3 Lec) F
PREREQUISITE: HDFS 263, HDFS 371 or equivalent, senior standing or permission of instructor. An in-depth review of current laws and public policies impacting family well-being including marriage, domestic partnership, divorce, child custody, welfare, foster care, ICWA, and adoption. The impact of workplace and health care policies on families is also examined.

HDFS 491. Special Topics, 1-4 Credits. (1-4 Lec; 12 cr max) On Demand
Max 12 cr. PREREQUISITE: Course prerequisites as determined for each offering. Courses not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

HDFS 492. Independent Study, 1-3 Credits. (1-3 Ind; 6 cr max)
Maximum 6 cr PREREQUISITE: Junior standing, consent of instructor, and approval of department head. Directed research and study on an individual basis.

HDFS 494. Seminar/Workshop, 1 Credit. (1 Sem; 4 cr max) On Demand
Max 4 cr. PREREQUISITE: Senior standing. Topics offered at the upper division level that are not covered in regular courses. Students participate in preparing and presenting class materials.

HDFS 498. Internship, 1-12 Credits. (1-12 Ind; 12 cr max)
PREREQUISITE: Consent of instructor. An individualized assignment with a professional agency to provide a guided field experience. All students must receive department permission prior to registration. K-12 Health Enhancement Majors Only.

HDFS 515. Statistical Approaches to Studying Children, Families and Communities, 3 Credits. (3 Lec) Su
PREREQUISITE: Graduate student status. A graduate-level course focused on statistical measures in community health, early childhood, human development and family science. The course develops statistical computation skills in addition to critical thinking about empirical evidence.

HDFS 545. Contemporary Family Issues, 3 Credits. (3 Lec) F
PREREQUISITE: HDFS 371 and junior standing in the major. Students will gain an understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational programs. This course will be taught in accordance with the guidelines from the National Council of Family Relations on becoming a Certified Family Life Educator.

HDFS 549. Reaching the Hurt Child, 3 Credits. (3 Lec) F,S
PREREQUISITE: FCS 101IS, PSYX 100, or completion of the social science core; completion of 60 or more credits. Children who are traumatized due to events such as abandonment by birth parents, abuse, neglect, or other issues, experience relational trauma that interferes with normal child development between conception and early adulthood. This course presents both the theoretical-neurobiological discoveries about the effects of traumatic events and the relational disruption on the child's developmental trajectory, as well as offering approaches to helping these children heal by closing development gaps. This course is designed for students who want to be parents (especially foster and adoptive parents, adoption workers, family services professionals, clergy, teachers, counselors, and adults who have experienced childhood trauma.

HDFS 560. Parenting, 3 Credits. (3 Lec)
PREREQUISITE: HDFS 263 and junior standing. Examines parenting processes and parent-child relationships based on scientific study of child development and family relations. Diverse parenting issues (e.g., parenting through divorce; parental stress and adaptation) will be explored across the lifespan using family systems and ecological frameworks.

HDFS 561. Principles Wellbeing in Aging, 3 Credits. (3 Lec)
PREREQUISITE: Completion of 12-credits of coursework in the online gerontology program. This class will explore the theoretical foundations of wellbeing. Students will work to understand and analyze the interconnectedness of the dimensions of wellbeing with older adults, family units and family relationships.

HDFS 564. Gndr, Rce, Clss, and Fam Diver, 3 Credits. (3 Lec)
PREREQUISITE: Senior standing or permission of instructor. Examines gender, race, social class, and diversity in family life as well as the intersections of gender, race, class, and other variables, such as geographic location (rural, urban) and household composition, using family systems, ecological, cultural, and feminist frameworks.

HDFS 565R. Family Law & Public Policy, 3 Credits. (3 Lec) F
PREREQUISITE: HDFS 263, HDFS 371 or equivalent, senior standing or permission of instructor. An in-depth review of current laws and public policies impacting family well-being including marriage, domestic partnership, divorce, child custody, welfare, foster care, ICWA, and adoption. The impact of workplace and health care policies on families is also examined.

HDFS 591. Special Topics, 1-4 Credits. (1-4 Lec; 12 cr max) On Demand
Max 12 cr. PREREQUISITE: Upper division courses and others as determined for each offering. Course not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

HDFS 592. Independent Study, 1-3 Credits. (1-3 Ind; 6 cr max) F,S,Su
Max 6 cr. PREREQUISITE: Master's standing and approval of committee chair. This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help. May be repeated.

HDFS 590. Master's Thesis, 1-10 Credits. (1-10 Ind; max unlimited)
Max credits unlimited. PREREQUISITE: Master's standing. Directed graduate research/creative activity.

HDFS 591. Special Topics, 1-4 Credits. (1-4 Lec; 12 cr max) On Demand
Max 12 cr. PREREQUISITE: Upper division courses and others as determined for each offering. Course not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

HDFS 592. Independent Study, 1-3 Credits. (1-3 Ind; 6 cr max) F,S,Su
Max 6 cr. PREREQUISITE: Graduate standing, consent of instructor, and approval of department head. Directed research and study on an individual basis.

HDFS 594. Seminar, 1 Credit. (1 Sem; 4 cr max) On Demand
Max 4 cr. PREREQUISITE: Graduate standing or seniors by petition. Course prerequisites as determined for each offering. Topics offered at the graduate level that are not covered in regular courses. Students participate in preparing and presenting discussion material.

HDFS 598. Internship, 2-12 Credits. (2-12 Ind; 12 cr max) F,S,Su
Max 12 cr. PREREQUISITE: An individualized assignment arranged with an agency, business or other organization to provide guided experience in the field.

HDFS 572. Professional Practicum, 2-6 Credits. (2-6 Lec; 9 cr max)
Max 6 cr. PREREQUISITE: EDEC 555, HDCO 554, graduate standing and consent of instructor. Practicum experience in the field of human development.

HDFS 575. Prof Paper & Project, 1-4 Credits. (1 Ind; 6 cr max)
Max 6 cr. PREREQUISITE: Graduate standing. A research or professional paper or project dealing with a topic in the field. The topic must have been mutually agreed upon by the student and his or her major advisor and graduate committee.

HDFS 588. Professional Development, 1-3 Credits. (1-3 Lec; 3 cr max) On Demand
Max 3 cr. This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help. May be repeated.

HDFS 589. Graduate Consultation, 1-3 Credits. (1-3 Ind; 3 cr max)
Max 3 cr. PREREQUISITE: Master's standing and approval of committee chair. This course may be used only by students who have completed all of their course work (and thesis if on a thesis plan) but who need additional faculty or staff time or help.

HDFS 590. Master's Thesis, 1-10 Credits. (1-10 Ind; max unlimited)
Max credits unlimited. PREREQUISITE: Master's standing. Directed graduate research/creative activity.

HDFS 591. Special Topics, 1-4 Credits. (1-4 Lec; 12 cr max) On Demand
Max 12 cr. PREREQUISITE: Upper division courses and others as determined for each offering. Course not required in any curriculum for which there is a particular one-time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

HDFS 592. Independent Study, 1-3 Credits. (1-3 Ind; 6 cr max) F,S,Su
Max 6 cr. PREREQUISITE: Graduate standing, consent of instructor, and approval of department head. Directed research and study on an individual basis.

HDFS 594. Seminar, 1 Credit. (1 Sem; 4 cr max) On Demand
Max 4 cr. PREREQUISITE: Graduate standing or seniors by petition. Course prerequisites as determined for each offering. Topics offered at the graduate level that are not covered in regular courses. Students participate in preparing and presenting discussion material.

HDFS 598. Internship, 2-12 Credits. (2-12 Ind; 12 cr max) F,S,Su
Max 12 cr. PREREQUISITE: An individualized assignment arranged with an agency, business or other organization to provide guided experience in the field.
Font Notice

This document should contain certain fonts with restrictive licenses. For this draft, substitutions were made using less legally restrictive fonts. Specifically:

Times was used instead of Adobe Garamond Pro.

The editor may contact Leepfrog for a draft with the correct fonts in place.