

HEE - Health Enhancement

HEE 195 Pre-Practicum Class in Health Enhancement: 1 Credits (1 Lab)

() Offered as needed based on student demand. K-12Health Enhancement majors study teaching and standard-based education in an authentic physical education setting.

HEE 200 K-12 Motor Learning Development: 3 Credits (2 Lec, 1 Lab)

(Sp) This course is designed to prepare health enhancement students with the skills and knowledge to teach developmentally appropriate motor learning development and behaviors to students in the K-12 setting. This class has a field experience component. One credit of lab translates to 20 - 30 hours of experience throughout the semester, per university policy. In this course, your lab time will be spent in the gym on campus and/or in school settings in the community.

HEE 205 Methods of Teaching Rhythms and Movement: 2 Credits (2 Lab)

(Sp) The development of content knowledge and the teaching skills of various types of rhythmic activities and the skills necessary for teaching rhythms and movement in the public/private school physical education environment. Emphasis will be on teaching progressions, management, and assessment strategies. This course is specifically for future teachers in the public schools.

HEE 242 Introduction to Teaching Health Enhancement: 2 Credits (2 Lec)

(F) This course will introduce students to the foundations of teaching health enhancement. Course content will include application of current theories, history and philosophy of health enhancement as well as effective teaching practices at both the elementary and secondary level. Repeatable up to 2 credits.

HEE 290R Undergraduate Research: 1-6 Credits (1-6 Other)

(F, Sp, Su) Directed undergraduate research which may culminate in a written work or other creative project. Course will address responsible conduct of research. May be repeated. Repeatable up to 99 credits.

HEE 295 Home School Program Practicum: 1 Credits (1 Lab)

(F, Sp) Instructional strategies with a practical application for prospective health enhancement teachers to prepare for a career in Health Enhancement. The course will examine the teaching process, classroom management, and health enhancement content that is developmentally appropriate for school aged children. Lectures and field experiences (on MSU's campus) are requirements of this class. Repeatable up to 3 credits.

HEE 303 Methods of Lifetime Fitness Activities: 2 Credits (2 Lec)

(F) The development of content knowledge and the teaching skills of various Individual sports and lifetime activities will be addressed. Emphasis will be on teaching progressions, management, assessment strategies and tournaments.

HEE 304 Methods of Team Sports: 2 Credits (2 Lec)

(F) The development of content knowledge and the teaching skills of various team sports will be addressed. Emphasis will be on teaching progressions, management, assessment strategies and tournaments.

HEE 305 Methods of Teaching Rhythms and Movement: 2 Credits (2 Lab)

() Offered as needed based on student demand. Practice skills in music fundamentals; teaching and learning folk, square, social, and various types of rhythmic activities and movement exploration. This course is specifically for future teachers in the public schools.

HEE 306 Methods of Cond Act: 3 Credits (3 Lec)

() Offered as needed based on student demand. Teaching practices for physical activity and fitness concepts appropriate for children and adolescents in school and recreational programs. Content includes pedagogical methods, strategies, styles, and techniques that encourage individuals to participate in and adhere to physical activity programs.

HEE 310 Methods of Adapted HE: 3 Credits (3 Lec)

PREREQUISITE: KIN 221. (Sp) Health enhancement (physical education and health) issues for school-aged populations who have physical, mental, and/or emotional disabilities. This course is specifically for future teachers in the public schools

HEE 311 Teaching Cooperative Games and Fitness Activities: 2 Credits (2 Lab)

(Sp) This course focuses on both the content knowledge and pedagogical knowledge related to teaching Cooperative Games and Fitness Activities. Students will learn proper teaching progressions, rules, strategies and tournament play. In addition, traditional and authentic skill and tactical assessment are implemented.

HEE 340 Methods of Health Education: 3 Credits (2 Lec, 1 Lab)

PREREQUISITE: Junior standing. (F) Curriculum design, planning and instruction, methods and strategies, and resource materials for teaching health in school and community settings. One credit of lab translates to 20 - 30 hours of experience throughout the semester, per university policy. In this course, your lab time will be spent in the gym on campus and/or in school settings in the community

HEE 430 Instrc Design in HE: 3 Credits (3 Lec)

PREREQUISITE: CHTH 205, EDU 397, HEE 305, HEE 306, HTH 220 and upper division standing and acceptance into the professional teacher education program. (Sp) A conceptual and practical approach to the design, implementation, and maintenance of various curricula for future teachers

HEE 490R Undergraduate Research: 1-6 Credits (1-6 Other)

(F, Sp, Su) Directed undergraduate research which may culminate in a research paper, journal article, or undergraduate thesis. Course will address responsible conduct of research. May be repeated. Repeatable up to 12 credits.

HEE 491 Special Topics: 1-4 Credits (1-4 Lec)

Repeatable up to 12 credits.

HEE 492 Independent Study: 1-3 Credits (1-3 Other)

PREREQUISITE: Junior standing, consent of instructor, and approval of department head. (Sp) Directed research and study on an individual basis Repeatable up to 6 credits.

HEE 506 Exercise and Chronic Disease: 3 Credits (3 Lec)

PREREQUISITE: HEE 310, graduate standing. (Sp) Theory and practice in the effects of exercise on various diseases, disabilities, and atypical conditions

HEE 588 Professional Development: 1-3 Credits (1-3 Lec)

PREREQUISITE: Graduate standing, teaching experience and/or current employment in a counseling organization and consent of instructor. (Su) Courses offered on a one-time basis to fulfill professional development needs of in-service educators or counselors. A specific focus is given to each course which is appropriately subtitled. May be repeated Repeatable up to 3 credits.