HEE - Health Enhancement

HEE 195. Paraprofessional Experience I. 1 Credit. (1 Lab) S
COREQUISITE: HEE 305. Criminal background check required. Observation of teaching and data collection in elementary, middle, and high school physical education/health enhancement classes. Placement of students to assist in youth coaching or intramural programs. This course is specifically for future teachers in the public schools.

HEE 205. Methods of Teaching Rhythms and Movement. 2 Credits. (2 Lab)
The development of content knowledge and the teaching skills of various types of rhythmic activities and the skills necessary for teaching rhythms and movement in the public/private school physical education environment. Emphasis will be on teaching progressions, management, and assessment strategies. This course is specifically for future teachers in the public schools.

HEE 242. Introduction to Teaching Health Enhancement. 2 Credits. (2 Lec)
This course will introduce students to the foundations of teaching health enhancement. Course content will include application of current theories, history and philosophy of health enhancement as well as effective teaching practices at both the elementary and secondary level.

HEE 290R. Undergraduate Research. 1-6 Credits. (1-6 Ind; max unlimited) F,S
Directed undergraduate research which may culminate in a written work or other creative project. Course will address responsible conduct of research. May be repeated.

HEE 305. Methods of Teaching Mvmt Expl. 3 Credits. (3 Lec, 1 Lab) S
COREQUISITE: HEE 195. Practice skills in music fundamentals; teaching and learning folk, square, social, and various types of rhythmic activities and movement exploration. This course is specifically for future teachers in the public schools.

HEE 306. Methods of Cond Act. 3 Credits.

HEE 310. Methods of Adapted HE. 3 Credits.

HEE 311. Teaching Cooperative Games and Fitness Activities. 2 Credits. (2 Lab)
This course focuses on both the content knowledge and pedagogical knowledge related to teaching Cooperative Games and Fitness Activities. Students will learn proper teaching progressions, rules, strategies and tournament play. In addition, traditional and authentic skill and tactical assessment are implemented.

HEE 430. Instrc Design in HE. 3 Credits. (3 Lec) S
PREREQUISITE: CTH 205, EDU 397, HEE 305, HEE 306, HT 220 and upper division standing and acceptance into the professional teacher education program. A conceptual and practical approach to the design, implementation, and maintenance of various curricula for future teachers.

HEE 490R. Undergraduate Research. 1-6 Credits. (1-6 Ind; 12 cr max) F,S,Su
Directed undergraduate research which may culminate in a research paper, journal article, or undergraduate thesis. Course will address responsible conduct of research. May be repeated.

HEE 491. Special Topics. 3 Credits.

HEE 492. Independent Study. 1-3 Credits. (1-3 Ind; 6 cr max)
PREREQUISITE: Junior standing, consent of instructor, and approval of department head. Directed research and study on an individual basis.

HEE 506. Exercise and Chronic Disease. 3 Credits. (3 Lec) S alternate years offered odd years. PREREQUISITE: HEE 310, graduate standing. Theory and practice in the effects of exercise on various diseases, disabilities, and atypical conditions.

HEE 588. Professional Development. 1-3 Credits. (1-3 Lec; 3 cr max) On Demand
PREREQUISITE: Graduate standing, teaching experience and/or current employment in a counseling organization and consent of instructor. Courses offered on a one-time basis to fulfill professional development needs of in-service educators or counselors. A specific focus is given to each course which is appropriately subtitled. May be repeated.
Font Notice

This document should contain certain fonts with restrictive licenses. For this draft, substitutions were made using less legally restrictive fonts. Specifically:

Times was used instead of Adobe Garamond Pro.

The editor may contact Leepfrog for a draft with the correct fonts in place.