LAC - Licensed Addiction Counselor

LAC 491. Special Topics. 1-4 Credits. (1-4 Lec; 12 cr max) On Demand
Max 12 cr. PREREQUISITE: Course prerequisites as determined for each offering.
Courses not required in any curriculum for which there is a particular one-time need,
or given on a trial basis to determine acceptability and demand before requesting a
regular course number.

LAC 501. Chemical Dependency Counseling. 3 Credits. (3 Lec) S
offered on-line. PREREQUISITE: Admittance to program. This course will provide
an overall introduction to addiction counseling. The class will also provide an
introduction to the assessment and treatment of alcoholism and other chemical
dependencies, with emphasis on the application of specific clinical strategies to this
specialized problem area. Since substance abuse may underlie or coexist with a variety
of other problems, including family violence, mental illness, health issues, etc., the
mental health professional trained in the assessment and treatment of chemical
dependency will be better able to assess and intervene appropriately.

LAC 502. Psychopharmacology and Addictions. 3 Credits. (3 Lec) S
offered on-line. PREREQUISITE: Admittance to program. This course will provide
medications that are commonly prescribed for psychiatric disabilities; descriptions of
medication effects, interaction, and side effects.

LAC 503. Assessment, Treatment Planning. 3 Credits. (3 Lec) F
offered on-line. PREREQUISITE: Admittance to program. This course is designed
to examine the psychological, behavioral, sociological, and cultural underpinnings in
the assessment and treatment of clients affected by addictions. The course explores a
variety of helping strategies for reducing the negative effects of substance use, abuse,
dependence, and addictive disorders (CACREP, Section III, C.5.). Ethical issues
related to the field of Addictions Counseling will also be explored.

LAC 504. Alcohol and Drug Studies. 3 Credits. (3 Lec) F
offered on-line. PREREQUISITE: Admittance to program. This course is designed to
offer in-depth exploration of alcohol and drug studies. Students will integrate overview
information with cutting edge research within the field of addictions as it pertains to a
particular population or topic specific to addiction counseling.

LAC 505. Cross Cultural & Ethical Considerations in Addictions Counseling. 3
Credits. (3 Lec) Su
PREREQUISITE: Admittance to the program. This course is designed to examine cultural
and ethical constructs related to addictions counseling. The focus will be on current
literature, theories, approaches, strategies, and techniques shown to be effective when
working with populations of clients with addictions.

LAC 506. Group Counseling in Addiction Settings. 3 Credits. (3 Lec) F
PREREQUISITE: Admittance to program. This course will provide students with the
foundational concepts of group counseling as it relates to the addiction settings. Topics
will include group development theory, membership roles, establishing an alliance,
skills of group, multicultural issues, leadership styles and skills.

LAC 507. Group Counseling in Addiction Settings. 3 Credits. (3 Lec) S
PREREQUISITES: Admittance to the program. LAC 506. This course will build
upon material presented in LAC 506 with greater emphasis on group work in an
addictions setting. Topics will include motivational interviewing and cognitive
behavioral technique in group work.

LAC 508. Counseling Theories in Addiction Settings. 3 Credits. (3 Lec) Su
PREREQUISITES: Admittance to the program. This course examines multiple
counseling theories and their application in the addictions setting. Development across
the lifespan and theoretical approaches specific to addiction will also be examined.

LAC 509. Assess Treat Plan Addiction II. 3 Credits. (3 Lec) S
PREREQUISITES: Admittance to the program. This course covers addiction
assessment and patient placement, including the American Society of Addiction
Medicine Patient Placement Criteria. The course explores a variety of helping strategies
for reducing the negative effects of substance use, abuse, dependence, and addictive
disorders.

LAC 510. Chem Dependency Counseling II. 3 Credits. (3 lec) F
PREREQUISITES: Admittance to the program. This course provides instruction on
chemical dependency counseling, emphasizing specific clinical strategies. Substance
abuse may coexist with other problems, professionals trained in comprehensive
understanding of addiction will be better able to assess, intervene and counsel clients.