Counseling Program Options

The Department of Health and Human Development offers a Master of Science degree in counseling with options in marriage and family counseling or mental health counseling, and a Master of Education degree in School Counseling. All three programs, marriage and family counseling, mental health counseling, and school counseling, are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The marriage and family and mental health counseling programs are 60 credits and require a minimum of two years of study. The school counseling option is 48 credits. All programs are designed to meet Montana licensure requirements for professional counselors. Students obtain up to 1,500 hours supervised counseling experience and training in core counseling areas. Completed applications must be filed by February 15 as students are expected to begin their graduate program the following summer session. Applications are screened only once each year following the February 15 deadline. A maximum of 25 students shall be admitted into the counseling areas each year.

Marriage & Family Counseling / Mental Health Counseling
Marriage and family and Mental health counseling students at Montana State University graduate with a master’s degree in counseling. The program is accredited by CACREP (council for the accreditation of counseling and related educational programs). Upon graduation, students must apply for a licensed professional counselor candidate’s license from the State of Montana Board of Behavioral Health. The candidate’s license is a training license while students accrue the required post-masters counseling hours to obtain their full LCPC (licensed clinical professional counselor). This license allows the graduate to practice independently.

School Counseling Licensure Process
School counseling students at Montana State University graduate with a master of education degree in school counseling. The school counseling program is accredited by the Montana Office of Public Instruction and therefore when students graduate they are eligible to apply for a class 6 license or a school counseling endorsement on their pre-existing class 2 (standard teaching) license. Upon review of degree completion, licensure applicants are granted an appropriate license to practice as a school counselor in grade levels d-12 throughout the state.

Interested students may obtain more descriptions by visiting the department website at montana.edu/hhd or by calling 406 994-3241.

Marriage and Family Counseling
The 60-credit marriage and family counseling option prepares counselors to address mental health and relationship problems with individuals, couples, families, and children from a family systems perspective. Students are taught a conceptual framework for assessment and intervention which focuses on the multiple systems and family context of individual development. Emphasis is on a positive, competency-based view of individual and family strengths. This approach examines the larger environments in which individuals and families interact and the plethora of influences (i.e., social, cultural, and economic) that affect human growth and development. Interpersonal issues between family members and the family and outer environmental systems are highlighted.

In addition to family systems theory, students are well grounded in individual and group counseling theories. Collaboration between marriage and family counselors and other mental health care providers is emphasized.

The marriage and family counseling option meets educational licensure requirements for a Licensed Clinical Professional Counselor in the State of Montana. After licensure, graduates of the option work in a variety of counseling contexts where they see children, adolescents, individuals, couples, and families. In this program track students are prepared to work with individuals, as well as with couples and families. This extended focus beyond individual counseling provides a well-rounded training experience.

### Partial List of Electives

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CTHH 430</td>
<td>Mental Health &amp; Social Issues in Aging</td>
<td>3</td>
</tr>
<tr>
<td>CTHH 435</td>
<td>Human Response To Stress</td>
<td>3</td>
</tr>
<tr>
<td>HDCO 526</td>
<td>Adventure Counseling</td>
<td>3</td>
</tr>
<tr>
<td>HDCO 530</td>
<td>Mind-Body Well-Being Self-Care</td>
<td>3</td>
</tr>
<tr>
<td>HDCO 556</td>
<td>Sexuality Counseling</td>
<td>3</td>
</tr>
<tr>
<td>HDCO 568</td>
<td>Mental Health Methods</td>
<td>3</td>
</tr>
</tbody>
</table>

### Mental Health Counseling

The 60-credit mental health counseling option prepares counselors to apply principles of human development, counseling theory, learning theory, group dynamics, and the etiology of mental illness and dysfunctional behavior in their work at a variety of mental health facilities.
The mental health counseling area of study provides students with 700 hours of supervised experience in appraisal, individual, group counseling, and consultation in primarily clinic and community agencies. The goals of the mental health counseling program are the following: to enhance students’ personal and professional development as counselors; to increase their ability to understand the characteristics and concerns of various client populations and their environments; and to develop their knowledge and skills in use of theory based counseling model.

The mental health counseling option meets educational licensure requirements for a Licensed Clinical Professional Counselor in the State of Montana. After licensure, graduates of the mental health program work in a variety of mental health counseling contexts where they see adults.

### Summer
- HDCO 502  Cnsl Ethic Prof Orient  2
- HDCO 508  Counseling Theories I  3
- HDCO 558  Career Counseling  2

### Fall
- HDCO 503  Prof Issues in Counseling  3
- HDCO 510  Counseling Theories II  3
- HDCO 521  Counseling Skills Lab  1
- HDCO 522  Group Counseling  3

### Spring
- HDCO 530  Mind-Body Well-Being Self-Care  3
- HDCO 550  Counseling Research and Evaluation  2
- HDCO 564  Diagnosis and Mental Health  3
- HDCO 568  Mental Health Methods  3
- HDCO 571  Prof Counsel Practicum  3

### Summer
- HDCO 524  Consultation and Crisis: Theory and Practice  3
- HDCO 551  Appraisal  3
- HDCO 598  Internship  2

### Fall
- HDCO 554  Develop Theory Across Lifespan  3
- HDCO 563  Multicultural Awareness  3
- HDCO 598  Internship  2
- Electives  3

### Spring
- HDCO 523  Theory and Practice of Addiction  2
- HDCO 598  Internship  2
- Electives  6

Total Credits  60

### Partial List of Electives
- CTHH 430  Mental Health & Social Issues in Aging  3
- CTHH 435  Human Response To Stress  3
- HDCO 525  Counsel Child & Adolescents  3
- HDCO 526  Adventure Counseling  3
- HDCO 556  Sexuality Counseling  3
- HDCO 565  Marital & Relationship Counsel  3
- HDCO 569  Advanced Family Counseling  3

### School Counseling

The Master of Education in School Counseling is a 48-credit program designed to prepare students to work in public or private schools as professional counselors. Upon completion, students are eligible to apply for certification as a school counselor with the Montana Office of Public Instruction. School counselors in Montana can be certified with a class 6 (specialist) certificate (for those without a Montana teaching certificate), or certified with a Guidance and Counseling endorsement on a Montana teaching certificate.

School counseling students take a common core of counseling and human development courses. This core of course work provides all students with the knowledge and skills necessary to be a professional counselor and follows the standards developed by CACREP. In addition, students in the school counseling option also study aspects of counseling germane to the school setting. The program focuses on a comprehensive and developmental approach to designing and implementing a school counseling program, and follows the standards developed by the American School Counselor Association. The program emphasis strives to provide the necessary self-awareness, knowledge, and skills for counseling students to become competent and capable professional school counselors.

### Summer
- HDCO 502  Cnsl Ethic Prof Orient  2
- HDCO 508  Counseling Theories I  3
- HDCO 558  Career Counseling  2

### Fall
- HDCO 510  Counseling Theories II  3
- HDCO 521  Counseling Skills Lab  1
- HDCO 522  Group Counseling  3

### Spring
- HDCO 523  Theory and Practice of Addiction  2
- HDCO 525  Counsel Child & Adolescents  3
- HDCO 550  Counseling Research and Evaluation  2
- HDCO 571  Prof Counsel Practicum  3

### Summer
- HDCO 506  School Counsel Programs  3
- HDCO 526  Adventure Counseling (recommended elective)  3
- HDCO 551  Appraisal  3

### Fall
- HDCO 505  Prof Iss in School Couns  3
- HDCO 554  Develop Theory Across Lifespan  3
- HDCO 563  Multicultural Awareness  3

### Spring
- HDCO 598  Internship  6

Total Credits  48
Font Notice

This document should contain certain fonts with restrictive licenses. For this draft, substitutions were made using less legally restrictive fonts. Specifically:

Times was used instead of Adobe Garamond Pro.

The editor may contact Leepfrog for a draft with the correct fonts in place.