

COUN - Counseling

COUN 502 Counseling Ethics and Professional Orientation: 2 Credits (2 Other)

PREREQUISITE: Graduate standing in counseling program. (Su) This course will prepare the student with a strong orientation to professional and ethical issues as they apply to counseling. Contents of the course will examine historical aspects of counseling professions, professional counseling roles, professional organizations, consultation models, professional preparation standards, and credentialing. It will also introduce appropriate ethical codes for conduct and study case studies representing ethical dilemmas a counselor may face in schools, agencies, and private practice

COUN 503 Professional Issues in Counseling: 3 Credits (3 Other)

PREREQUISITE: Graduate standing in counseling program. (F) This course focuses on providing students with an understanding of the professional identity and roles of the counselor in prevention, consultation, crisis management, specialization, public policy, legal and ethical issues unique to working with schools, families, and community organizations

COUN 505 Professional Issues in School Counseling: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (F) Presentation of professional and ethical issues in school counseling. Group discussion and various experiential activities will provide students with numerous opportunities to understand current issues and trends in the field of school counseling

COUN 506 School Counseling Programs: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (F) Foundations of the school counseling profession including historical and conceptual perspectives of the field, and the knowledge and skills necessary to be a professional school counselor. Particular emphasis will be placed on a thorough understanding of planning, design, implementation, and evaluation of comprehensive school counseling programs

COUN 508 Counseling Theories I: 2 Credits (2 Lec)

PREREQUISITE: Graduate standing in counseling program. (Su) Students will learn a wide range of systems theories used in the diagnosis and treatment of individuals, couples, children, and families

COUN 510 Counseling Theories II: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (F) This course provides an overview of the major counseling theories and practical applications with various populations. Teaching modalities will include lecture, class discussion, study of taped counseling sessions, and small group interaction

COUN 521 Counseling Skills Lab: 3 Credits (3 Lab)

PREREQUISITE: COUN 502 and graduate standing in counseling program. (F) Students will learn, practice, and apply basic counseling skills in preparation for their practicum experience

COUN 522 Group Counseling: 3 Credits (2 Lec, 1 Lab)

PREREQUISITE: COUN 502. (F) The following information will be covered in relation to group counseling: theories, research, developmental stages, therapeutic factors, leadership functions, consultation and ethics. Use of leadership skills in structured and unstructured groups will be practiced

COUN 524 Crisis Counseling: Theory and Practice: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program
COREQUISITE: COUN 508 and COUN 510. (Sp) The study of crisis counseling theories, strategies, and models, as well as principles of trauma recovery and trauma informed counseling

COUN 525 Counseling Children & Adolescents: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (Sp) Application of counseling theories and techniques to preschool and school age (K-12) children and their families. A special emphasis will be placed on implementing appropriate intervention strategies according to age, developmental level, and the counseling setting

COUN 526 Adventure Counseling: 3 Credits (3 Lec)

(Su) Graduate standing in the counseling program. An introduction to the theory and practice of adventure-based counseling and experiential learning. The course will focus on the goals, concepts, and techniques of adventure work. Students will learn numerous adventure games, problem-solving initiatives, and how to design adventure programs.

COUN 530 Mind-Body Well-Being Self-Care: 3 Credits (3 Lec)

PREREQUISITE: COUN 510. (Sp) The objectives of this course are two-fold: 1) familiarize students with mind-body, well-being, and self-care interventions; and 2) train students in preventative methods

COUN 540 Mental Health, Identity Development, and Understanding: 3 Credits (3 Lec)

(Su) The goal of this course is to set the landscape for the broad practice and scope of the mental health in Montana and beyond. This course lays the groundwork for creating and maintaining an inclusive environment while better understanding our own identities as well as will cover ethics around helping and referring individuals who may need mental health support.

COUN 541 Introduction to Mental Health Practice: 3 Credits (3 Lec)

(Su) This course will address an introduction to resources, concepts and referral processes involved in the practice of community mental health support. Students can expect to have a good understanding of the concepts around mental health being part of whole health, crisis response (to self-harm, suicidal ideation, and other common mental health concerns), mental health referral processes, and how bias can play a role in how we respond to individuals who may be experiencing mental health concerns.

COUN 542 Communication and Helping Skills: 3 Credits (0)

(Su) This course will provide students with foundational concepts about basic communications skills for non-licensed helping professionals. This course is focused on having intentional and productive difficult conversations, recognizing concerns, setting boundaries, and practicing self-care.

COUN 550 Counseling Research and Evaluation: 3 Credits (3 Lec)

PREREQUISITE: COUN 502. (Su) This course will provide an understanding of research methods, statistical analysis, needs assessment, and program evaluation as they apply to the field of counseling

COUN 551 Appraisal: 3 Credits (2 Lec, 1 Lab)

PREREQUISITE: Graduate standing in counseling program. (Su) Topics include test standardization, reliability and validity; developing understanding of appraisal instruments and needs assessment used with individuals and systems; using information derived from selected appraisal instruments; and consultation models used when delivering test information to individuals and systems

COUN 554 Develop Theory Across Lifespan: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in the counseling program. (Sp) An introduction to the complex developmental relationships among individuals in the family across the life span. Systems, developmental, learning and personality theories across the life span are surveyed. Contextual variables on developmental processes are stressed

COUN 558 Career Counseling: 2 Credits (2 Lec)

PREREQUISITE: Graduate standing in counseling program. (Su)
This course will prepare the student in the area of career guidance and counseling. Emphasis will be placed on the understanding of career development theories, use of occupational informational sources including computer programs, assessment of the individual and various working environments, and the design of career developmental programs from elementary school through retirement. The student will also be introduced to the impact social issues have on work, leisure and families

COUN 563 Multicultural Awareness: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing. (F) This course explores the relationships between social organizations, processes of historical change, social stratification (race, gender, sexuality), individuals and family structure

COUN 564 Diagnosis and Mental Health: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (Sp) This course will provide students with conceptual understanding of mental disorders within physiological, developmental, familial, and social cultural contexts. Students will learn how to use DSM diagnosis in the appraisal and differential diagnosis of mental disorders

COUN 565 Couples Counseling: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (F)
Theoretical foundations and interventions for working with couple relationships, and includes promotion of healthy couple relationships and treatment of couples in crisis and/or transition. Emphasizes gender roles, sexuality, and issues related to intimacy from a systemic perspective

COUN 568 Mental Health Methods: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (F) Mental health counseling methods for treatment of mental disorders, including adults with serious mental illness and severely emotionally disturbed children. Appraisal, treatment planning, evidence-based interventions, medications, crisis intervention, case management, consultation, referral, and professional issues/ethics in treatment of DSM disorders

COUN 569 Advanced Family Counseling: 3 Credits (3 Lec)

PREREQUISITE: Graduate standing in counseling program. (Sp)
Advanced theoretical foundations and interventions for the practice of family counseling. Includes current research regarding family counseling and treatment. Emphasizes assessment and interventions for families dealing with mental health diagnoses, substance abuse, sexual abuse, violence, divorce/remarriage, and child/adolescent issues

COUN 571 Prof Counsel Practicum: 3 Credits (3 Lab)

PREREQUISITE: COUN 508, COUN 521, graduate standing in counseling program and consent of instructor. (Sp) Supervised clinical practice with individuals, children, families, and groups. Weekly individual and group supervision
Repeatable up to 15 credits.

COUN 589 Graduate Consultation: 1-3 Credits (1-3 Other)

PREREQUISITE: Graduate standing in counseling program and approval of committee chair. (F, Sp, Su) This course may be used only by students who have completed all of their course work (and thesis, if on a thesis plan) but who need additional faculty or staff time or help
Repeatable up to 3 credits.

COUN 591 Special Topics: 1-4 Credits (1-4 Lec)

(On demand.) Courses not required in any curriculum for which there is a particular one time need, or given on a trial basis to determine acceptability and demand before requesting a regular course number.

COUN 592 Independent Study: 1-3 Credits (1-3 Other)

PREREQUISITE: Graduate standing in the counseling program and consent of instructor. (F, Sp, Su) This course offers graduate students an opportunity to engage in individualized, faculty-supervised research or advanced study in counseling. Students design and complete a focused scholarly, clinical, or applied project aligned with their professional interests and program objectives. Emphasis is placed on independent inquiry, critical review of counseling literature, ethical and culturally responsive practice, and the integration of counseling theory, research, and practice. Course content, learning objectives, and evaluation criteria are established collaboratively by the student and supervising faculty member prior to enrollment

Repeatable up to 6 credits.

COUN 598 Internship: 1-12 Credits (1-12 Other)

PREREQUISITE: COUN 571 and graduate standing in counseling program and clinical review. (F, Sp, Su) An individualized assignment arranged with an agency, school or other organization to provide guided experience in the field

Repeatable up to 12 credits.