

Health Enhancement: Health and Physical Education Teaching K-12 Broadfield

Health Enhancement K-12 is designed for students who wish to become licensed to teach health enhancement (health and physical education) in grades K-12. Montana State University's Health Enhancement major is dedicated to preparing professionals capable of delivering diverse programs that promote self-directed, responsible, physically active lifestyles as well as the health and wellness in school-aged children and youth in rural settings across the state and region. Students graduating from our program are educated to the highest standards through both classroom and real-life settings. The Health Enhancement K-12 major is devoted to excellence in learning, leadership, and stewardship.

Upon completion of the degree, students are eligible for licensure in the state of Montana. For more information on admission to the Teacher Education Program, student teaching, licensure, professional expectations and more, please visit the Teacher Education Program (<https://www.montana.edu/fieldplacement/current.html>) catalog page.

Students must receive a grade of "C" or higher in all required courses as outlined in the major.

Freshman Year	Credits	
	Fall	Spring
EDU 223IS - Educ Psych and Adolescent Dev	3	
HEE 242 - Introduction to Teaching Health Enhancement	2	
M 105Q - Contemporary Mathematics	3	
WRIT 101W - College Writing I	3	
University Core (US)	3	
COA 205 - Introduction to Coaching		3
HEE 200 - K-12 Motor Learning Development		3
HEE 205 - Methods of Teaching Rhythms and Movement		2
HEE 311 - Teaching Cooperative Games and Fitness Activities		2
HTH 220 - Human Sexuality		3
University Core (IA/IH/IN)		3
Year Total:	14	16

Sophomore Year	Credits	
	Fall	Spring
EDSP 306 - Exceptional Learners	3	
EDU 211D - Multicultural Education	3	
HEE 295 - Home School Program Practicum	1	
HEE 303 - Methods of Lifetime Fitness Activities	2	
HEE 304 - Methods of Team Sports	2	
NUTR 221CS - Basic Human Nutrition	3	
University Core (IA/IH/IN)	3	
Electives	1	
CHTH 205 - Drugs and Society		3
EDU 347 - Managing the Learning Environment for K-12/Secondary		2
EDU 370 - Integrating Tech into Educ		3

EDU 382 - Assessmt, Curric, Instructn		3
HEE 295 - Home School Program Practicum		1
KIN 221 - Health Anatomy & Physiology		3
Year Total:	18	15

Junior Year	Credits	
	Fall	Spring
HDFS 371 - Research Methods in HHD	3	
HEE 195 - Pre-Practicum Class in Health Enhancement	1	
HEE 340 - Methods of Health Education	3	
KIN 210 - Principles of Strength and Conditioning	3	
University Core (IA/IH/IN)	3	
Electives	1	
COA 405 - Advanced Concepts in Coaching		3
EDM 417 - Methods: K-4 Health Enhancement		3
HEE 310 - Methods of Adapted Health Enhancement		3
KIN 320 - Exercise Physiology		4
Electives		3
Year Total:	14	16

Senior Year	Credits	
	Fall	Spring
EDM 406 - Methods: 5-12 Health Enhancement	3	
KIN 440R - Sport Psychology	3	
Electives	9	
EDU 495R - Student Teaching (K-8)		6
EDU 495R - Student Teaching (5-12)		6
Year Total:	15	12
Total Program Credits:		120

A minimum of 120 credits is required for graduation; 42 of these credits must be in courses numbered 300 and above.